

Brunch

- Sweet potato fries**, basil & sunflower seed aioli 8 pb
- Baked feta eggs**, chilli, tomato, toast 17 v
- Cheeseburger**, grass-fed beef, tomato, burger sauce, chips 23
- Malibu french toast**, compote, pumpkin seed brittle, coconut cream 17 v
- Egg white omelette**, broccoli, rep pepper, spinach 16 v
- Avocado toast**, chilli, coriander 15 pb
- Turmeric pancakes**, coconut, banana, oat butter 17 v
- Eggs any style**, toast 12 v
- Chorizo burrito**, egg, sour cream, tomato, tortilla 18
- “Beyond meat” burger**, vegan cheese, sweet potato fries 23 pb
- Avocado Royale**, smoked salmon, poached eggs, kimchi hollandaise 17
- Avocado Florentine**, spinach, poached eggs, matcha hollandaise 17
- Quesadilla**, scrambled eggs, portobello, spring onion, pico de gallo 18 v
- Ahi tuna poke**, avocado, jalapeño, brown rice 21
- Sea bream taco**, mango, green papaya, pico de gallo, salsa verde 23

Sides

- | | | |
|---------------|------------------|-----------|
| Mushrooms 6 | Bacon 6 | Salmon 8 |
| Spinach 6 | Sausages 6 | Avocado 8 |
| Hash browns 6 | Vegan sausages 7 | Berries 8 |

Opening Hours

- Monday to Friday:** 7am – 10pm **Breakfast:** 7am – 11:30am
- Saturday:** 9am – 10pm **All Day:** 11:30am – 10pm



Become a Friend

Ned Friends have benefits at our restaurants, spa and bedrooms, and priority access to The Ned. Plus exclusive member events, perks and early bookings for special events.

Calorie Content

Scan the QR code to find the calorie content of each dish



Coffee

espresso 4
macchiato 5
americano 4
cappuccino 5
flat white 5
latte 5
matcha latte 6
hot chocolate 6

Moon Milks

golden turmeric latte 6
beetroot cacao latte 6
pea butterfly latte 6
chai latte 6

Tea

earl grey
english breakfast
chamomile
tropical green
jasmine flower green
decaf english breakfast
silver needle white
light green
chocolate chilli black
sweet ginger peach
maharaja chai
- all 5

Almond, oat, coconut and soya milks available

Smoothies

Tropical Glow

Peach, ginger, honey,
coconut, orange, chai

Green Zing

Celery, pineapple, mint,
green apple, avocado,
cucumber, agave

Fiber Up

Dates, blueberries, oat,
cinnamon, banana

Pump-kin Power

Pumpkin, nutmeg,
almond, protein

-all 9

Additions

Vegan protein, Ancient True collagen or Ancient True creatine

- each 2

Cold Dressed Juice

Green

cucumber, apple, celery,
spinach, romaine, kale, lemon

Citrus

orange, lemon, turmeric,
cayenne, grapefruit, tangerine

Hard Green ^{all 9}

cucumber, lemon, celery,
ginger, kale, romaine, spinach

- all 6

Ginger

apple, ginger, lemon

Berry

strawberry, lemon, mint, apple

Wellness Shots

ginger (add pepper)
apple & spirulina
pure celery

- all 4

Kombucha

original
ginger

- all 5



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